Sports Massage and Yoga

Covid-19 Intake Form

Please go through this form carefully during the 24 hours period prior to your appointment. If you are free from all the symptoms listed below, please bring the form with you in addition to Bodysync's general health questionnaire.

The following questions serve to help limit the chance of contracting Covid-19 while in close contact during massage treatment and serve to help avoid cross contamination in the Bodysync clinic. Furthermore, Body Sync Jersey is following a rigid hygiene protocol, which can be read on www.bodysync.je.

- Have you traveled outside of Jersey within the last 14 days?

  YES / NO

(If you have, you are required to self-isolate for 14 days from the date of your return as per the instructions provided by the States of Jersey).

- Are you displaying any signs or symptoms of Covid-19 as outlined by the States of Jersey?

  YES / NO

The symptoms are a new continuous cough and/or fever which may be accompanied by one or more of the following:

- headaches
- tiredness
- muscle ache
- respiratory symptoms besides cough such as a sore throat, blocked or runny nose
- gastro-intestinal symptoms can also be a feature of COVID-19 and these are more common in children than adults.
- loss of smell and taste (in some cases this may be the only symptom present)

Should you display any of the above symptoms, please contact Bodysync Jersey by calling and/or texting on 07797744239 to cancel your appointment. Please also consider contacting your GP or the states of Jersey information lines regarding treatment.

PLEASE BRING YOUR OWN FACE MASK OR FACE COVERING AS ADVISED BY CURRENT GUIDELINES DUE TO SESSIONS TAKING PLACE WITHIN 2 METERS.

I ……... (first name & surname) have acknowledged the above advise and have answered the questions to the best of my knowledge.

……..….. ……..
(date) (signature)